



Reservations or pre-orders
01473 298508

Welcome to The Sanctuary Restaurant. We hope you enjoy this oasis of calm in the middle of Ipswich. Our aim is to make your visit unforgettable. Our staff are here to make you feel welcome and we look forward to seeing you on future visits

Sanctuary Sandwiches £5.55

All the sandwiches are offered on your choice of morning baked granary or white bread, and served with a green salad and crisp garnish

Locally Smoked slices of chicken breast, crisp pancetta and avocado with whole grain mustard mayo.

Suffolk ploughman's sandwich, Dingley Dell honey roasted ham, cheese and homemade apple and tomato chutney with pickled onions.

Scottish smoked salmon slices with black pepper, lemon juice cucumber, and ricotta cheese.

Mature vintage cheddar cheese with spicy fruit pickle.

Sanctuary Rarebit £6.50

Welsh Rarebit with a Sanctuary twist (topped with sun blushed tomatoes and olives) on foccacia bread.

Paninis £6.25

Italian Mozzarella, sunblushed tomatoes, black olives and basil pesto.

Grilled chicken, feta, baby spinach and red onion.

Smoked salmon, mascarpone and red pesto.

Wraps (tomato & spinach) £6.25

Tuna and avocado bound in Greek yogurt, diced onion and cucumber.

Chicken, bacon, mushroom olive tapanade and spinach.

Mexican spiced peppers, roasted garlic and herb tomato with sour cream and sweet chilli.

Sanctuary Baked jacket potatoes (Available at 11.30am) £5.95

Rubbed with olive oil, rock salt and baked for one and a half hours till crispy.

Please ask the Sanctuary Staff for fillings.

Summer Conversational Platters

One of most popular dishes, serving two people. A selection of ciabatta and foccacia in a basket, with dipping oil, and a platter of your choice

Seafood £15.95

Thin Slices of Scottish salmon, smoked tuna slices, crab pate, smoked shell on prawns, with garlic and herb marinated baby artichokes, olives and sunblushed tomatoes.

Vegetable £14.95

Roasted pepper aubergine, vine tomato and red onion, with bocconcino (baby mozzarella) forest mushrooms with spinach and feta, pickled walnuts and baby artichoke hearts, olives and sunblushed tomatoes.

Mediterranean £15.25

Parma ham, bocconcino, and avocado with sunblushed tomatoes, feta, red onion, olives and basil hummus, roasted vegetables.

Side orders

Sanctuary Salad	£2.50
Basket of mixed breads & dipping oil	£2.95
Jacket wedges (oven baked)	£2.35
Garlic foccacia	£2.50
Garlic/Mozzarella foccacia	£2.95
Sunblushed Tomatoe	£1.50
Marinated olives	£1.50
Basket of mixed bread	£2.50

Pesto Selection (Basil, Sunblushed tomato, Olive)

Enjoy 3 homemade pestos with breads, salads or jacket potato dressings. £1.95

Please see our specials board for daily cooked to order dishes and desserts, or ask a member of staff.

All our dishes are cooked to order with locally sourced fresh produce. Please let staff know if you have any allergies.

St Nicholas Centre & The Sanctuary Restaurant
are available for private hire.

Please ask for details or phone 01473 298581

